

CREDIT/REQUIRED MINIMUM CONTACT HOURS

1 contact hour = 50 minutes

15 contact hours per credit hour

Credit hours	Contact hours	Total minutes
1.0	15	750
2.0	30	1500
3.0	45	2250
4.0	60	3000

14-week semester (fall & spring – plus 150 minute exam period during Exam Week)

Credit hours	Weekly minutes	Weekly hours
1.0	50	50 minutes
2.0	100	1 hour 40 minutes
3.0	150	2 hours 30 minutes
4.0	200	3 hours 20 minutes

9-week semester (B term)

Credit hours	Weekly minutes	Weekly hours
1.0	85	1 hour 25 minutes
2.0	170	2 hours 50 minutes
3.0	250	4 hours 10 minutes
4.0	335	5 hours 35 minutes

5-week/19-day semester (C & D terms)

Credit hours	Daily minutes(MTWR)	Weekly hours
1.0	40	2 hours 40 minutes
2.0	80	5 hours 20 minutes
3.0	120	8 hours
4.0	160	10 hours 40 minutes

3-week/15-day semester (A term)

Credit hours	Daily mins. (MTWRF)	Daily mins. (MTWR)	Weekly hours
1.0	50	65	4 hours 10 minutes
2.0	100	125	8 hours 20 minutes
3.0	150	190	12 hours 30 minutes
4.0	200	250	16 hours 40 minutes

These times do not include breaks. General guidelines: for classes that are scheduled for 2.5 hours or more, add 10-15 minutes per class meeting for break. For day-long classes, add 30-60 minutes for lunch plus 10-15 minutes for a break in the morning and 10-15 minutes for a break in the afternoon.