WINTHROP
UNIVERSITY

COLLEGE OF
ARTS & SCIENCES

HELP CULTIVATE CHANGE

Since 2008, human nutrition students have had the opportunity to travel to rural communities in Nicaragua to help develop relationships, foster healthy diet changes and gather anthropomorphic data. In 2018, students donated seeds to the community, trained families on how to hygienically prepare food, offered ways to pair local foods to ensure the highest nutritional impact and surveyed community members on their food intake. These small projects serve a purpose, but ultimately help the people in rural Nicaraguan communities meet their own needs.

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DEPARTMENT OF
HUMAN NUTRITION

"The nutrition department is a close-knit community that fosters professional, social, educational, and personal development. I picked the best possible place to be for my under-graduate program."
– Human nutrition alum

With more than a century of history, Winthrop University's human nutrition program is the only program of its kind in South Carolina offering a bachelor's in both dietetics and chronic disease prevention, a master's in human nutrition and a dietetic internship program. The faculty of the Department of Human Nutrition at Winthrop are devoted to innovative teaching practices to ensure that students are equipped to be leaders within the field of nutrition and dietetics. We embrace many aspects of the science, technology, engineering and math programs to create confident well-rounded professionals after graduation.

SO WHY WINTHROP?

Cutting Edge Technology

Ours is the only nutrition program in North and South Carolina with a "live" simulator.

Established Excellence

Our students have an 80 percent acceptance rate into internships through DICAS on first application with yearly employer requests for referrals.

Preventative Health Focus

Take advantage of community outreach and research opportunities in the area of nutrition and chronic disease prevention.

Questions? Contact Us!

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