

ACAD 101 Advising in the Biology Department at Winthrop University

INTRODUCTION

You might want to align some of your advising conversations with topics that should be familiar to your advisees from ACAD. Please see below for suggestions.

ITEMS THAT HAVE BEEN INTRODUCED IN ACAD PRIOR TO FALL ADVISING PERIOD:

- Both social and academic differences in high school and college
- Understanding college syllabi
- Getting involved: student organizations, study abroad fair
- Study skills: how to read critically, note taking, test prep
- Time management: including self-care
- Academic resources on campus: ASC, writing center, math tutorial center, etc.
- Other services: health and counseling services
- Eligibility requirements for the various SC Scholarships (Hope, LIFE, and Palmetto Fellows)
- Advising and degree checklists

ASSIGNMENTS STUDENTS WERE ASKED TO COMPLETE IN ACAD PRIOR TO FALL ADVISING PERIOD (THEY COMPLETE THESE IN THEIR ACAD TEXT/PLANNER):

- Examine all of their college syllabi.
- Fill out a weekly class schedule, all of their professor's contact info, an assignment tracker for all of their assignments in each course with point value, and all their due dates in planner of their choice.
- Fill out a weekly time log to determine which areas they need to devote more time (studying at least 2 hours for every one hour in class, sleeping, eating, etc.) and others which they may need to cut back on (social media, video games, etc.).
- Assess their wellness (physical, financial, intellectual, emotional, social, and spiritual).
- Evaluate their interim grades and come up with a plan for the rest of the semester.
- With guidance, they complete an Academic Advising Worksheet (some sections require they should take it to their advisor).