

**DEGREE CHECKLIST (College of Arts and Sciences)**

2021-2022 Catalog

NAME \_\_\_\_\_

ID# \_\_\_\_\_

**MAJOR B.S. – HUMAN NUTRITION  
(Concentration in Health Promotion)**

<b>GENERAL EDUCATION REQUIREMENTS (35-39 semester hours)</b>		
	<b>Check</b>	<b>Hrs.</b>
ACAD 101 (Required of first-time freshmen only)	_____	1
<b>Writing and Critical Thinking:</b>		
WRIT 101 (grade of C- or better is required)	_____	3
HMXP 102 (grade of C- or better in WRIT 101 is required)	_____	3
CRTW 201 (grade of C- or better in HMXP 102 is required)	_____	3
<b>Oral Communication</b> (met in major with NUTR 428)		0
<b>Technology</b> (see approved list)		
_____	_____	3
<b>Intensive Writing</b> (met in major with NUTR 494)		0
<b>Constitution Requirement</b> (see approved list; may be met by other req.)		
_____	_____	0-3
<b>Physical Activity</b> (see approved list)		
_____	_____	1
<b>Global Perspectives</b> (see approved list)		
_____	_____	3
<b>Historical Perspectives</b> (see approved list)		
_____	_____	3
<b>Social Science</b> (see approved list; must include 2 designators)		
_____	_____	3
_____	_____	3
<b>Humanities and Arts</b> (see approved list; must include 2 designators)		
_____	_____	3
_____	_____	3
<b>Quantitative Skills</b> (see approved list)		
_____	_____	3-4
<b>Natural Science</b> (met in major with CHEM 101 & BIOL 150/151)		0

<b>FOREIGN LANGUAGE (3-8 semester hours)</b>		
_____	_____	3-4
_____	_____	0-4
102 level proficiency required		

<b>MAJOR COURSES (69 semester hours)</b>							
	<b>Course &amp; No.</b>	<b>Hrs.</b>	<b>Check</b>		<b>Course &amp; No.</b>	<b>Hrs.</b>	<b>Check</b>
	NUTR 221/222	(4)	_____		NUTR 490 A	(1)	_____
	NUTR 226	(1)	_____		NUTR 494	(3)	_____
	NUTR 227	(1)	_____		NUTR 580	(2)	_____
	NUTR 229	(2)	_____		HCMT 200	(3)	_____
	NUTR 231	(3)	_____		HLTH 300	(3)	_____
	NUTR 232	(1)	_____		HLTH _____	(3)	_____
	NUTR 321	(2)	_____		MATH 141	(3)	_____
	NUTR 329	(3)	_____		BIOL 150	(3)	_____
	NUTR 371	(3)	_____		BIOL 151	(1)	_____
	NUTR 380	(3)	_____		BIOL 213	(4)	_____
	NUTR 421	(3)	_____		BIOL 214	(4)	_____
	NUTR 427	(4)	_____		CHEM 101	(3)	_____
	NUTR 428	(3)	_____				
	NUTR 471	(3)	_____				

<b>ELECTIVES (4-13 semester hours)</b>			
_____	( )	_____	_____ ( ) _____
_____	( )	_____	_____ ( ) _____
_____	( )	_____	_____ ( ) _____
_____	( )	_____	_____ ( ) _____
_____	( )	_____	_____ ( ) _____

- NOTES**
- Unless stated otherwise, a single course **may not** be used for more than one General Education requirement or in a major and a minor.
  - All Arts and Sciences majors require a minimum of 40 hours in courses numbered above 299.
  - Attendance at three cultural events is required for each 20 hours completed in residence at Winthrop. Note exceptions in the undergraduate catalog.
  - Designators that differ only for the purpose of theory and application will be considered the same designator.
  - Students should complete WRIT 101, HMXP 102 and CRTW 201 with a C- or better early in their academic careers.
  - See complete catalog requirements at [www.winthrop.edu/recandreg](http://www.winthrop.edu/recandreg)