

DEGREE CHECKLIST (College of Arts and Sciences)

2023-2024 Catalog

NAME

ID#

MAJOR B.S. – HUMAN NUTRITION

(Concentration in Health Promotion)

GENERAL EDUCATION REQUIREMENTS (35-39 semester hours)

	Check	Hrs.
ACAD 101 (Required of first-time freshmen only)	_____	1
Writing and Critical Thinking:		
WRIT 101 (grade of C- or better is required)	_____	3
HMXP 102 (grade of C- or better in WRIT 101 is required)	_____	3
CRTW 201 (grade of C- or better in HMXP 102 is required)	_____	3
Oral Communication (met in major with NUTR 428)		0
Technology (see approved list)		
_____	_____	3
Intensive Writing (met in major with NUTR 494)		0
Constitution-Founding Documents Req. (see approved list; may be met by other req.)		
_____	_____	0-3
Physical Activity (see approved list)		
_____	_____	1
Global Perspectives (see approved list)		
_____	_____	3
Historical Perspectives (see approved list)		
_____	_____	3
Social Science (see approved list; must include 2 designators)		
_____	_____	3
_____	_____	3
Humanities and Arts (see approved list; must include 2 designators)		
_____	_____	3
_____	_____	3
Quantitative Skills (see approved list)		
_____	_____	3-4
Natural Science (met in major with CHEM 101 & BIOL 150/151)		0

MAJOR COURSES (69 semester hours)

Course & No.	Hrs.	Check	Course & No.	Hrs.	Check
NUTR 221/222	(4)	_____	NUTR 490 A	(1)	_____
NUTR 226	(1)	_____	NUTR 494	(3)	_____
NUTR 227	(1)	_____	NUTR 580	(2)	_____
NUTR 229	(2)	_____	HCMT 200	(3)	_____
NUTR 231	(3)	_____	HLTH 300	(3)	_____
NUTR 232	(1)	_____	HLTH _____	(3)	_____
NUTR 321	(2)	_____	MATH 141	(3)	_____
NUTR 329	(3)	_____	BIOL 150	(3)	_____
NUTR 371	(3)	_____	BIOL 151	(1)	_____
NUTR 380	(3)	_____	BIOL 213	(4)	_____
NUTR 421	(3)	_____	BIOL 214	(4)	_____
NUTR 427	(4)	_____	CHEM 101	(3)	_____
NUTR 428	(3)	_____			
NUTR 471	(3)	_____			

ELECTIVES (4-13 semester hours)

_____	()	_____	_____	()	_____
_____	()	_____	_____	()	_____
_____	()	_____	_____	()	_____
_____	()	_____	_____	()	_____
_____	()	_____	_____	()	_____
_____	()	_____	_____	()	_____

NOTES

1. Unless stated otherwise, a single course **may not** be used for more than one General Education requirement or in a major and a minor.
2. All Arts and Sciences majors require a minimum of 40 hours in courses numbered above 299.
3. Attendance at three cultural events is required for each 20 hours completed in residence at Winthrop.
Note exceptions in the undergraduate catalog.
4. Designators that differ only for the purpose of theory and application will be considered the same designator.
5. Students should complete WRIT 101, HMXP 102 and CRTW 201 with a C- or better early in their academic careers.
6. See complete catalog requirements at www.winthrop.edu/recandreg

FOREIGN LANGUAGE (3-8 semester hours)

_____	_____	3-4
_____	_____	0-4
102 level proficiency required		