

# Nathaniel Nutrition

(803) 111-1234 • nutritionn2@winthrop.edu • 100 Vegetable Lane, Rock Hill, SC 29733

---

## EDUCATION

### **Bachelor of Science in Human Nutrition, concentration in Dietetics**

Winthrop University, Rock Hill, South Carolina

May 2021

GPA: 3.5

- ACEND Didactic Program in Dietetics verification

## SUMMARY OF SKILLS

- Knowledge of the principles of nutrition and therapeutic diets
- Experience with MyPyramid and SuperTracker software
- Advanced in Microsoft Word, Excel, PowerPoint

## RELEVANT EXPERIENCE

### **Family Dietary Study**

August 2019 - December 2019

NUTR 421: Nutrition Through the Life Span course, Winthrop University; Rock Hill, SC

- Reviewed each family members information; made dietary suggestions based on age and physical activity level
- Analyzed daily nutrient intake using MyPyramid and SuperTracker software
- Planned a three-day menu for each family member while accounting for specific dietary needs

### **Dietary Intern**

June 2019 - August 2019

Agapé Rehabilitation of Rock Hill; Rock Hill, SC

- Visited residents to determine meal preferences and daily meal choices
- Coordinated diet information with food service department
- Updated tray card information utilizing computerized tray card system
- Performed tray line audits to help ensure accuracy of resident meals
- Participated in the development of the Resident Customer Service Program to increase meal satisfaction and accuracy of honoring food preferences

### **Service Learning Project**

January 2019 - June 2019

NUTR 428: Community Nutrition course, Winthrop University; Rock Hill, SC

- Volunteered at the Rock Hill Educational Community Service Garden
- Helped pick, plant, and deliver vegetables to the Hope House at Oakland Presbyterian Church

## CAMPUS INVOLVEMENT

### **Student Dietetic Association**

September 2017 – Present

Winthrop University; Rock Hill, SC

- Promote healthy decision making on campus through behavior-specific programming, campus-wide awareness events, and leading by example
- Served as a Peer Health Educator for freshman seminar class

## WORK EXPERIENCE

### **Cashier**

September 2017 - Present

Earth Fare; Rock Hill, SC

- Itemize and total purchases by recording prices through cash register operation
- Provide information by answering questions regarding nutrition of produce and other products sold