## Winthrop University - Athletic Training Program Communicable Disease Policy

Communicable disease may pose a serious threat to the well-being of athletic training students and the patients with whom an infected person may come in contact. A communicable disease is one that is transmitted from person to person through direct or indirect means of contact. Direct transmission occurs through coughing, sneezing, droplets, or direct physical contact. Indirect transmission occurs through contact with some type of infectious agent such as an insect, animal, or contaminated waste.

Athletic training students must use universal precautions to limit exposure to blood borne pathogens. Attendance at annual OSHA blood borne pathogen training (or other appropriate training) will be required of all athletic training students.

Examples of communicable diseases may include, but are not limited to, the following:

| Chicken Pox  | Hepatitis C    | Meningitis (bacterial) | SARS                     |
|--------------|----------------|------------------------|--------------------------|
| COVID-19     | Herpes Simplex | Mumps                  | Scabies                  |
| Diphtheria   | HIV/AIDS       | Pediculosis            | Shingles                 |
| Encephalitis | Impetigo       | Ringworm               | Staphylococcal Infection |
| Hepatitis A  | Influenza      | Rubella                | Streptococcal Infection  |
| Hepatitis B  | Lyme Disease   | Rubeola                | Tetanus                  |
|              | -              |                        | Tuberculosis             |

In order to limit risk with regard to communicable disease, the following steps will be followed:

- Hand washing and personal hygiene techniques will be followed. Hand washing with soap and water should occur after contact with each patient. If immediate hand washing is not possible, antibacterial hand sanitizer may be used.
- The use of gloves, facemasks, and other personal protective equipment will be used when appropriate. Athletic training students must follow guidelines recommended by the CDC and the clinical setting.
- Should an athletic training student become ill, that student will be required to seek medical care from their family physician, a nurse at Winthrop University Student Health Service, or another licensed health care provider.
- Preceptors may require that an athletic training student who appears to be ill, be examined by a licensed health care provider of the student's choosing.
- If it is determined that the athletic training student has contracted a communicable disease, the student must inform their preceptor and the Clinical Education Coordinator prior to their next scheduled clinical education experience.
- A student who has been diagnosed with a communicable disease is required to follow all guidelines ordered by the health care provider and will not be allowed to participate in their clinical rotation until given clearance by the attending health care provider.

By signing this, you agree that you have read, understand, and will comply with the Policy.

Print Name

Signature

Date