

# August 2024



Monday	Tuesday	Wednesday	Thursday	
		2	1	
5	6	7	8	9
12	13	14	15	16
19	20 AM: Bagel with cream cheese and water PM: Applesauce and graham crackers Water	21 AM: Vanilla yogurt with raisins and water PM: Ritz Crackers w/ Cubed cheese w/ water	22 AM: Banana w/ Sunbutter water PM: Green Snap peas w/ Milk	23 AM: Whole grain pancakes or waffles with syrup and milk Saltines with apple slices and water
26 AM: Buttered English muffin with water PM: Goldfish and raisins with water	27 AM: Cereal with milk PM: Sliced cucumber and ranch dressing with water	28 AM: Cheese toast with water PM: Vegetable Soup w/ Saltine Crackers w/ water	29 AM: Vanilla yogurt and sliced fruit with water PM: Tortilla Chips w/ Salsa & Water	30 AM: Nutrigrain Bars w/ Milk PM: Granola and applesauce with water

# September 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p style="text-align: center;"><b>Labor Day Macfeat Closed</b></p>	<p>3</p> <p>AM: Toast with grape jelly and water</p> <p>PM: Applesauce and pretzels with water</p>	<p>4</p> <p>AM: English muffin pizzas (pizza sauce, shredded cheese) with water</p> <p>PM: Peaches, Graham Crackers and water</p>	<p>5</p> <p>AM: Cereal and milk</p> <p>PM: Sliced fruit and Cheese stick water</p>	<p>6</p> <p>AM: Bagels and cream cheese with water</p> <p>PM: Carrot Slices, Pita Chips ranch Water</p>
<p>9</p> <p>AM: Buttered toast and water</p> <p>PM: Goldfish and apple juice</p>	<p>10</p> <p>AM: English muffin with cheese and water</p> <p>PM: Veggie Chips w/ Ranch with water</p>	<p>11</p> <p>AM: Fig Newtons and Milk</p> <p>PM: Chicken Noodle Soup w/ Saltine Crackers w/ water</p>	<p>12</p> <p>AM: Cereal w/ Milk</p> <p>PM: Ritz Crackers w/ cheese stick &amp; water</p>	<p>13</p> <p>AM: Nurtrigrain Cereal Bars and Milk</p> <p>PM: Trail mix (craisins, cheerios, pretzels) and water</p>
<p>16</p> <p>AM: Applesauce &amp; Granola water</p> <p>PM: Green Pea Snack Crisp Milk</p>	<p>17</p> <p>AM: Banana w/ Sunbutter &amp; Water</p> <p>PM: Tortilla Chips w/ Salsa &amp; Water</p>	<p>18</p> <p>AM: Sliced fruit and graham crackers with water</p> <p>PM: Grilled Cheese w/ water</p>	<p>19</p> <p>AM: Raisin Bread w/ cream cheese w/ water</p> <p>PM: Pretzels w/ Apple Juice</p>	<p>20</p> <p>AM: Yogurt &amp; Graham Crackers water</p> <p>PM: Fig Newtons and Milk</p>
<p>23</p> <p>AM: Cereal and milk</p> <p>PM: Pretzels and Cheese Stick Water</p>	<p>24</p> <p>AM: Bagel with cream cheese and water</p> <p>PM: Applesauce and graham crackers Water</p>	<p>25</p> <p>AM: Vanilla yogurt with craisins and water</p> <p>PM: Ritz Crackers w/ Cubed cheese w/ water</p>	<p>26</p> <p>AM: Banana w/ Sunbutter water</p> <p>PM: Green Snap peas w/ Milk</p>	<p>27</p> <p>AM: Whole grain pancakes or waffles with syrup and Milk</p> <p>PM: Saltines with apple slices and water</p>
<p>30</p> <p>AM: Buttered English muffin with water</p> <p>PM: Goldfish and craisins with water</p>				


# October 2024



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 AM:Cereal with milk</p> <p>PM:Sliced cucumber and ranch dressing with water</p>	<p>2 AM: Cheese toast with water</p> <p>PM:Vegetable Soup w/ Saltine Crackers w/water</p>	<p>3 AM:Vanilla yogurt and sliced fruit with water</p> <p>PM:Fig Newtons and milk</p>	<p>4 AM: Nutrigrain Bars w/ Milk</p> <p>PM:Granola and applesauce with water</p>
<p>7 AM: French Toast stick W/ Syrup &amp; Milk</p> <p>PM: Cheez-its and apple juice</p>	<p>8 AM: Toast with grape jelly and water</p> <p>PM:Applesauce and pretzels with water</p>	<p>9 AM: English muffin pizzas (pizza sauce, shredded cheese) with water</p> <p>PM: Peaches, Graham Crackers and water</p>	<p>10 AM:Cereal and milk</p> <p>PM:Sliced fruit and Cheese stick water</p>	<p>11</p> <p><b>Fall Break Macfeat Closed</b></p>
<p>14</p> <p><b>Fall Break Macfeat Closed</b></p>	<p>15 Am: English Muffin w/ Cheese w/ water</p> <p>PM:Veggie Chips w/ Ranch w/ water</p>	<p>16 AM: Fig Newtons and Milk</p> <p>PM: Chicken Noodle Soup w/Saltine Crackers w/ water</p>	<p>17 AM:Cereal with milk</p> <p>PM:Ritz Crackers w/ cheese stick &amp; water</p>	<p>18 AM:Nurtrigrain Cereal Bars and iMilk</p> <p>PM:Trail Mix: (Craisins, cereal, pretzels) water</p>
<p>21 AM:Applesauce &amp; Granola water</p> <p>PM: Green Pea Snack Crisp Milk</p>	<p>22 AM:Banana w/ Sunbutter &amp; Water</p> <p>PM:Tortilla Chips w/ Salsa &amp; Water</p>	<p>23 AM: Sliced fruit and graham crackers with water</p> <p>PM: Grilled Cheese w/ wate</p>	<p>24 AM:Raisin Bread w/ cream cheese</p> <p>PM:Pita chips w/ ranch &amp; water</p>	<p>25 AM:Yogurt &amp; Graham Crackers w/ water</p> <p>PM:Fig Newtons and Milk</p>
<p>28 AM:Cereal and milk</p> <p>PM: Pretzels and Cheese Stick Water</p>	<p>29 AM: Bagel with cream cheese and water</p> <p>PM:Applesauce and graham crackers Water</p>	<p>30 AM:Vanilla yogurt with craisins and water</p> <p>PM:Ritz Crackers w/ Cubed cheese w/ water</p>	<p>31 AM:Banana w/ Sunbutter water</p> <p>PM:Green Snap peas Milk</p>	

# November 2024



Monday	Tuesday	Wednesday	Thursday	Friday
				1 AM: Whole grain pancakes or waffles with syrup and Milk  PM: Saltines with apple slices and water
4 AM: Buttered English muffin with water  PM: Goldfish and raisins with water	5 AM: Cereal with milk  PM: Sliced cucumber and ranch dressing with water	6 AM: Cheese toast with water  PM: Vegetable Soup w/ Crackers and water	7 AM: Vanilla yogurt with raisins and water  PM: Tortilla & Salsa w/ water	8 AM: Nutrigrain Bars w/ Milk  PM: Granola and applesauce with water
11 AM: French Toast stick w/ Syrup & milk  PM: Cheez-its and apple juice	12 AM: Toast with grape jelly and water  PM: Applesauce and pretzels with water	13 AM: English Muffin Pizzas (pizza sauce, cheese)  PM: Peachers, Graham Crackers	14 AM: Cereal and milk  PM: Sliced fruit and Cheese stick water	15 AM: Bagels and cream cheese with water  PM: Carrot Slices, Pita Chips ranch Water
18 AM: Buttered toast and water  PM: Goldfish and apple juice	19 AM: English Muffins w/ Cheese  PM: Sliced cucumber and ranch dressing with water	20 AM: Fig Newtons w/ Milk  PM: Chicken Noodle Soup w/ Crackers w/ water	21 AM: Cereal w/ Milk  PM: Ritz Crackers w/ cheese stick w/ water	22 AM: Nutrigrain Cereal bars w/ milk  PM: Trail Mix (raisins, cereal, pretzels) w/ water
25 AM: Applesauce & Granola water  PM: Green Pea Snack Crisp Milk	26 AM: Banana w/ Sunbutter & Water  PM: Tortilla Chips w/ Salsa & Water	27   	28   	29   

**Thanksgiving Break Macfeat Closed**

# December 2024

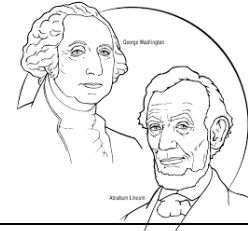


Monday	Tuesday	Wednesday	Thursday	Friday
2 AM:Cereal and milk  PM: Pretzels and Cheese Stick Water	3 AM: Bagel with cream cheese and water  PM:Applesauce and graham crackers Water	4 AM:Vanilla yogurt with craisins and water  PM:Ritz Crackers w/ sliced cheese w/ water	5 AM:Banana w/ Sunbutter water  PM:Fig Newtons w/ Milk	6 AM:Whole grain pancakes or waffles with syrup and Milk  PM: Saltines with apple slices and water
9 AM: Buttered English Muffins w/ water  PM: Goldfish w/ craisins w/ water	10 AM: Cereal w/ Milk  PM: Sliced Cucumbers & Ranch dressing w/ water	11  ----- <b>Winter Break</b> -----	12  ----- <b>Macfeat Closed</b> -----	13
16	17  ----- <b>Winter Break – Macfeat Closed</b> -----	18	19	20
23	24  ----- <b>Winter Break – Macfeat Closed</b> -----	25	26	27
30  ----- <b>Winter Break-Macfeat Closed</b> -----	31			

# January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
----- <b>Winter Break – Macfeat Closed</b> -----				
6	7	8	9	10
----- <b>Winter Break – Macfeat Closed</b> -----				
13 AM: Applesauce & Granola water PM: Green Pea Snack Crisp Milk	14 AM: Banana w/ Sunbutter & Water  PM: Tortilla Chips w/ Salsa & Water	15 AM: Sliced fruit and graham crackers with water PM: Grilled Cheese w/ water	16 AM: Raisin Bread w/ cream cheese w/ water  PM: Pita chips w/ ranch & water	17 AM: Yogurt & Graham Crackers  PM: Fig Newtons and Milk
20  <b>Macfeat Closed MLK DAY</b>	21 AM: Bagel with cream cheese and water PM: Applesauce and graham crackers Water	22 AM: Vanilla yogurt with craisins and water PM: Ritz Crackers w/ sliced cheese w/ water	23 AM: Banana w/ Sunbutter water  PM: Fig Newtons w/ Milk	24 AM: Whole grain pancakes/waffles with syrup and water  PM: Saltines with apple slices and water
27 AM: Buttered English muffin with water  PM: Goldfish and craisins with water	28 AM: Cereal with milk  PM: Sliced cucumber and ranch dressing with Apple juice	29 AM: Cheese toast with water  PM: Vegetable Soup w/ Crackers & water	30 AM: Vanilla yogurt with craisins and water  PM: Fig Newtons and milk	31 AM: Nutrigrain Bars w/ Milk  PM: Granola and applesauce with water

# February 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>AM: French Toast stick w/ Syrup &amp; milk</p> <p>PM: Cheez-its and apple juice</p>	<p>4</p> <p>AM: Toast with grape jelly and water</p> <p>PM: Applesauce and pretzels with water</p>	<p>5</p> <p>AM: English muffin pizzas (pizza sauce, shredded cheese) with water</p> <p>PM: Peaches , Graham Crackers, and water</p>	<p>7</p> <p>AM: Cereal and milk</p> <p>PM: Sliced fruit and Cheese stick water</p>	<p>8</p> <p>AM: Bagels and cream cheese with water</p> <p>PM: Carrot Slices, Pita Chips ranch Water</p>
<p>10</p> <p>AM: Buttered toast and water</p> <p>PM: Goldfish and apple juice</p>	<p>11</p> <p>AM: English muffin with cheese and water</p> <p>PM: Veggie Chips w/ Ranch with Apple Juice</p>	<p>12</p> <p>AM: Fig Newton with milk</p> <p>PM: Chicken noodle Soup w/ saltine crackers w/ water</p>	<p>13</p> <p>AM: Cereal w/ milk</p> <p>PM: Ritz Crackers w/ cheese stick w/ water</p>	<p>14</p> <p>AM: Nurtrigrain Cereal Bars and Milk</p> <p>PM: Trail mix (craisins, cheerios, pretzels) and water</p>
<p>17</p> <p><b>Macfeat Closed Professional Development</b></p>	<p>18</p> <p>AM: Banana w/ Sunbutter &amp; Water</p> <p>PM: Tortilla Chips w/ Salsa &amp; Water</p>	<p>19</p> <p>AM: Sliced fruit and graham crackers with water</p> <p>PM: Grilled Cheese w/ water</p>	<p>20</p> <p>AM: Raisin Bread w/ cream cheese w/ water (</p> <p>PM: Pretzels w/ Apple Juice</p>	<p>21</p> <p>AM: Yogurt &amp; Graham Crackers w/water</p> <p>PM: Fig Newtons and Milk</p>
<p>24</p> <p>AM: Cereal and milk</p> <p>PM: Pretzels and Cheese Stick Water</p>	<p>25</p> <p>AM: Bagel w/ Cream Cheese &amp; Water</p> <p>PM: Applesauce and graham crackers Wate</p>	<p>26</p> <p>AM: Vanilla yogurt with craisins and water</p> <p>PM: Ritz Crackers w/ Cubed cheese w/ water</p>	<p>27</p> <p>AM: Banana w/ Sunbutter water</p> <p>PM: Fig Newtons w/ Milk</p>	<p>28</p> <p>AM: Whole grain pancakes or waffles with syrup and milk</p> <p>PM: Saltines with apple slices and water</p>

# March 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 AM: Buttered English muffin with water PM:Goldfish and raisins with water</p>	<p>4 AM:Cereal with milk  PM:Sliced cucumber and ranch dressing with Apple Juice</p>	<p>5 AM: Cheese toast with water  PM:Vegetable Soup w/ saltine crackers w/ water</p>	<p>6 AM:Vanilla yogurt with raisins and water  PM:Fig Newtons and Milk</p>	<p>7 AM: Nutrigrain Bars w/ Milk  PM Granola and applesauce with water</p>
<p>10 AM:French Toast stick w/ Syrup &amp; Milk  PM:Cheez-its and apple juice</p>	<p>11 AM: Toast with grape jelly and water PM:Applesauce and pretzels with water</p>	<p>12 AM: English muffin pizzas (pizza sauce, shredded cheese) with water PM: Peaches, Graham crackers and water</p>	<p>13 AM:Cereal and milk  PM:Sliced fruit and Cheese stick water</p>	<p>14 AM:Bagels and cream cheese with water  PM:Carrot Slices, Pita Chips ranch Water</p>
<p>17 AM:Buttered toast and water  PM:Goldfish and apple juice</p>	<p>18 AM:English muffin with cheese and water PM:Veggie Chips w/ Ranch with Milk</p>	<p>19 AM:Fig Newton with milk  PM: Chicken noodle Soup w/ Saltine Crackers and water</p>	<p>20  AM: Cereal and Milk  PM:Ritz Crackers w/ cheese stick w/ water</p>	<p>21 AM:Nurtrigrain Cereal Bars and Milk  PM:Trail mix (raisins, cheerios, pretzels) and water</p>
<p>24 AM:Applesauce &amp; Granola water  PM: Green Pea Snack Crisp Apple Juice</p>	<p>25 AM:Banana w/ Sunbutter &amp; Water PM:Tortilla Chips w/ Salsa &amp; Water</p>	<p>26 AM: Sliced fruit and graham crackers with water  PM: Grilled Cheese w/ water</p>	<p>27 AM:Raisin Bread w/ cream cheese w/ water  PM:Pretzels w/ Apple Juice</p>	<p>28  AM:Yogurt &amp; Graham Crackers &amp; Water  PM:Fig Newtons and Milk</p>
<p>31 AM:Cereal and milk  PM: Pretzels and Cheese Stick Water</p>				




# April 2025



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 AM: Bagel with cream cheese and water</p> <p>PM: Applesauce and graham crackers Water</p>	<p>2 AM: Vanilla yogurt with raisins and water PM: Ritz Crackers w/ Cubed Cheese w/ water</p>	<p>3 AM: Banana w/ Sunbutter water PM: Fig Newtons w/ Milk</p>	<p>4 AM: Whole grain pancakes or waffles with syrup and Milk PM: Saltines with apple slices and water</p>
<p>7 AM: Buttered English muffin with water PM: Goldfish and raisins with water</p>	<p>8 AM: Cereal with milk PM: Sliced cucumber and ranch dressing with Water</p>	<p>9 AM: Cheese toast with water PM: Vegetable Soup w/ saltine crackers w/ water</p>	<p>10 AM: Vanilla yogurt with raisins and water PM: Fig Newtons and Milk</p>	<p>11 AM: Nutrigrain Bars w/ Milk PM: Granola and applesauce with water</p>
<p>14 AM: French Toast stick w/ Syrup &amp; Milk PM: Cheez-its and apple juice</p>	<p>15 AM: Toast with grape jelly and water PM: Applesauce and pretzels with water</p>	<p>16 AM: English muffin pizzas (pizza sauce, shredded cheese) with water PM: Peaches, Graham crackers and water</p>	<p>17 AM: Cereal and milk PM: Sliced fruit and Cheese stick water</p>	<p>18 AM: Bagels and cream cheese with water PM: Carrot Slices, Pita Chips ranch Water</p>
21	22	23	24	25
<p>-----MACFEAT SPRING BREAK-----</p>				
<p>28 AM: Buttered toast and water PM: Goldfish and apple juice</p>	<p>29 AM: English muffin with cheese and water PM: Veggie Chips w/ Ranch with milk</p>	<p>30 AM: Fig Newton with milk PM: Chicken noodle Soup w/ saltine crackers w/ water</p>		

# May 2025



Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: Applesauce & Granola water  PM: Green Pea Snack Crisp milk	2 AM: Vanilla yogurt with craisins and water PM: Ritz Crackers w/ Cubed Cheese w/ water
5 AM: Cheese toast w/water  PM: Green Pea Snack Crisp Apple Juice	6 AM: Banana w/ Sunbutter & Water  PM: Tortilla Chips w/ Salsa & Water	7 AM: Sliced fruit and graham crackers with water  PM: Grilled Cheese w/ water	8 AM: Raisin Bread w/ cream cheese w/ water PM: Pretzels w/ Apple Juice	9 AM: Yogurt & Graham Crackers w/water PM: Fig Newtons and Milk
12 AM: Cereal and milk  PM: Pretzels and Cheese Stick Water	13 AM: Bagel with cream cheese and water PM: Applesauce and graham crackers Water	14 AM: English Muffin w/ cheese & water PM: Ritz Crackers w/ Cubed Cheese w/ water	15 AM: Applesauce & Granola water  PM: Green Pea Snack Crisp Milk	16 AM: Whole grain pancakes or waffles with syrup and Milk  PM: Saltines with apple slices and water
20 	21	22	23	24
27	28	29	30	31

