

Social Problem-Solving

Myles, B. S., & Adreon, D. (2001). *Asperger syndrome and adolescence: Practical solutions for school success* (pp. 112-113). Shawnee Mission, KS: Autism Asperger Publishing Company.
https://www.ocali.org/project/resource_gallery_of_interventions/page/soccss

Lavoie, R. <http://www.ldonline.org/article/14910>
<https://www.autismclassroomresources.com/social-autopsy/>

Purpose of Social Problem-Solving Strategies such as SOCCSS and Social

Autopsies: Help individuals understand social situations and interactions using a step-by-step problem-solving process teaching that choices have consequences. This is typically done after a social error has occurred, and it provides an individual with decision-making techniques to use for future situations they encounter. However, it can also be used as a proactive social skills strategy to prevent social errors from occurring in the first place. It is important to involve the student in answering the questions and selecting the choices to the maximum extent possible; however, some students may need quite a bit of scaffolding when this is first introduced.

Social Problem-Solving Worksheet

Based on SOCCSS (Myles & Adreaon,2001) and Social Autopsies (Lavoie)

1. Describe what happened:

What:

Who:

When:

Where:

Why:

2. What would have been the desired outcome (What would you have wanted to happen)?

3. Think of different actions that could have resulted in the desired outcome:

Action	Consequence of this Action (What would happen as a result of this action?)
1.	
2.	
3.	

4. Which action would you choose from the above options?
5. Re-enact the situation applying the action selected.