

Research-Based Practice: Video Modeling

References:

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Description: Demonstrating a social skill, desired behavior, communication skills, daily living skill, academic skill etc. by showing the student a video clip of another person or himself/herself performing the skill. There are four types of video modeling:

- **Video Modeling:** Capture a video of a peer demonstrating the desired skill or behavior and show the video to the student followed by an opportunity for the student to imitate what was shown in the video.
- **Video Self-Modeling:** The student himself/herself is featured in the video demonstrating the skill or behavior that is being targeted. Of course, behind the scenes prompting and video editing is used when preparing the clip so that the video shows the student demonstrating the skill/behavior independently. The student watches the clip and is given an opportunity to imitate what was shown.
- **Video Prompting:** This is used when a task has multiple steps using a task analysis in video format. Several video clips are taken and shown to the student one at a time allowing the student an opportunity to imitate each step as it is shown before the next step is demonstrated in the next video clip.
- **Point-of-View Video Modeling:** The video clip does not show the entire environment or the whole person. It zooms in on the actual skill being demonstrated from the person's point of view who is completing the task. For example, you may use point-of-view modeling to teach a student how to pack up a back pack only showing the materials and the person's hands as the backpack is packed up.