BIOL 214 LAB HANDOUTS

You are responsible for all of the information contained within these handouts. Lab practicals will be directly related to the terms and concepts outlined in this document. You are encouraged to bring these handouts with you to each lab to ensure that you fully understand the material. Remember, spelling counts on lab practicals, so be sure to practice spelling anatomical terms.

BLOOD

Identify the following cells using microscope slides and pictures. Identify whether a leukocyte is categorized as granulocyte or agranulocyte and know basic functions. Complete the blood typing lab and be able to explain the relevance of the terms listed. Also be able to correctly match donor/recipients and identify blood type based on experimental results.

FORMED ELEMENTS:

Erythrocytes Thrombocytes Leukocytes Granulocytes Neutrophils Eosinophils Basophils Agranulocytes Monocytes Lymphocytes

BLOOD TYPING:

Antigen Antibody Agglutination Serum ABO blood group Rh blood group

CARDIOVASCULAR SYSTEM

Identify the following structures using models and pictures. Indicate left and right sides when appropriate and trace blood flow through the heart. Keep in mind that red and blue colors on the models indicate oxygenation and don't always correspond to artery/vein (for example, pulmonary arteries and veins).

HEART MODEL:

Coverings: Fibrous pericardium Parietal pericardium Visceral pericardium (epicardium) Chambers: Right atrium Left atrium **Right ventricle** Left ventricle Vessels: Superior vena cava Inferior vena cava Aorta Pulmonary trunk Left pulmonary artery Right pulmonary artery Left pulmonary veins **Right pulmonary veins** Right coronary artery (in coronary sulcus) Right marginal artery Posterior interventricular artery (in posterior interventricular sulcus)

Left coronary artery (in coronary sulcus) Circumflex artery (in coronary sulcus) Anterior interventricular artery (in anterior interventricular sulcus) Great cardiac vein Middle cardiac vein Small cardiac vein **Coronary sinus** (in coronary sulcus) Atrioventricular valves: Tricuspid valve **Bicuspid valve** Semilunar valves: Pulmonary valve Aortic valve Base Apex Chordae tendineae Papillary muscles Interventricular septum **Right auricle** Left auricle

Complete the iWorx ECG lab.

I. INTRODUCTION

- A. **Electrocardiograms (ECGs)** are recordings of the electrical activity in the heart and can be used to detect abnormal patterns associated with heart disease.
- B. In this lab, ECG recordings will be made at rest and after exercise in order to compare changes in the heart.

II. EQUIPMENT SET-UP

A. Connect the IXTA to the laptop using the USB cord. Also, connect this device to an electrical outlet using the power supply cord and turn on the power switch (verify that the light is green). Connect the ECG unit (with the multiple colored wires) into the iWire 1 input on the front of the IXTA (refer to the picture below for the complete set-up).



B. Select the LabScribe program on the laptop. Choose the "Reseach" option when prompted. The hardware should be recognized as connected at this point (if you receive an error message, double check your connections and try again). Once the software is loaded, choose "Settings" and "Load Group." Select the folder that says "Complete Settings" and scroll down to choose IPLMv6Complete.iwxgrp. In LabScribe, you can now select "Settings" again and choose the "Human Heart" and then "ECG Simulation" settings file. Your program is now configured for this exercise.

- C. Prepare the electrodes for connecting to the subject. The ECG unit is color-coded so that the wires can be matched accordingly. Attach the other end of the red, black, and green wires to new electrodes. Use an alcohol swab to clean the skin where the electrodes will be placed. Make sure all jewelry and other items are removed from wrists and ankles. Turn off cell phones, watches, etc. and move away from the ECG equipment. Place the red electrode on the left wrist (or right below the left clavicle). Place the black electrode on the right wrist (or right ankle (or on the abdomen).
- During the ECG recording, the subject should sit and relax their hands in their lap. Be sure to remain very still and avoid talking so that muscle activity isn't accidentally recorded during the ECG. Click "Record" to begin recording the ECG. When 6 clear, continuous cycles are recorded, select the "Stop" button.
- E. On the left side of each channel there is a small arrow for a drop down menu. Select this arrow and then choose "Scale" and "Autoscale" if needed to amplify the signal (you should see something similar to the data collected below).



F. Now have the subject carefully exercise for 1 minute (this can include jumping jacks, push-ups, etc.) and be sure that the electrodes aren't moved during this process. Immediately after exercise, have the subject return to a seated, quiet position and record the new ECG. Type "Exercise" into the "Mark" box and then select the "Mark" button to indicate that this is the exercise ECG. When 6 clear, continuous cycles are recorded, select the "Stop" button.

III. DATA COLLECTION



- A. To analyze the data collected, center on one of the 6 ECG cycles at rest. Move one of the vertical red bars to the left edge of the data in this section and the other red bar to the right edge of the data in this section. Now select the "Analysis" button. Choose the "Function" button along the top to select V2-V1, T2-T1, and Mean. These values should appear in a table.
- B. You can record these values in a journal through LabScribe by selecting the small arrow with the dropdown menu for the channel and then choosing "Add title to journal." Next, click the arrow again and this time select "Add all data to journal." Select the "Journal" button along the top of the screen to view the data collected.
- C. Specifically, calculate the R-wave amplitude (first red bar on Q wave and second red bar on peak of R wave), P-wave amplitude (first red bar on baseline before P wave and second red bar on peak of P wave), and T wave amplitude (first red bar on peak of T wave and second red bar on baseline after T wave) and note V2-V1. Now move the red bars to encompass the entire ECG and select the dropdown arrow. Choose "Calculations" and "ECG." You will see several new data points in the journal, record PR interval, QT interval, and PT interval by noting T2-T1. Repeat the analysis for the ECG during exercise.
- D. Complete the data table below with your results.

		AT REST		AFTER EXERCISE			
ECG	P-wave	R-wave	T-wave	P-wave	R-wave	T-wave	
	amplitude	amplitude	amplitude	amplitude	amplitude	amplitude	
V2-							
V1							

		AT REST	AFTER EXERCISE			
ECG	P-R	Q-T	P-T	P-R	Q-T	P-T
	interval	interval	interval	interval	interval	interval
T2-T1						

E. Once all data has been collected and analyzed, be sure to disconnect all equipment and properly return to the storage case. Shut down the program and laptop.

IV. APPLICATION QUESTIONS

1. Label the ECG trace below with P wave, QRS complex, and T wave. Describe what electrical events are happening during each.



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2. The ECG below is recording a first-degree AV node block. Explain what is happening in this condition. How would you characterize the P-R interval?



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3. Describe changes to the ECG recording during exercise compared to rest.

V. **REFERENCES**

This lab is based on the iWorx lab manual, Experiment HH-11. For more information, visit <u>www.iworx.com</u>. ECG images were taken from McGraw-Hill Co.

Compare and contrast the histology of an artery and vein identifying the layers listed. Identify the following blood vessels using models and pictures. Indicate left and right sides when appropriate.

BLOOD VESSEL HISTOLOGY:

Differentiate artery from vein Tunica externa Tunica media Tunica interna

ARTERIES:

Aorta Brachiocephalic Subclavian Common carotid External carotid Internal carotid Axillary Brachial Radial Ulnar Renal Common iliac External iliac Internal iliac Femoral Popliteal Anterior tibial

VEINS: Superior vena cava Inferior vena cava Brachiocephalic Subclavian External jugular Internal jugular Axillary Cephalic Brachial Basilic Radial Ulnar Median cubital Renal Common iliac External iliac Internal iliac Femoral Great saphenous Popliteal Anterior tibial

Demonstrate proper technique for obtaining heart rate, pulse, and blood pressure using a stethoscope and sphygmomanometer. Be able to explain in detail the following terms.

BLOOD PRESSURE:

Auscultation Palpation Pulse rate Systolic pressure Diastolic pressure Korotkoff sounds First heart sound Second heart sound

I. BLOOD PRESSURE

Blood pressure is the force that blood exerts against blood vessels. There are two key pressures measured: 1) **Systolic pressure**: maximum pressure during ventricular contraction and 2) **Diastolic pressure**: lowest pressure during ventricular relaxation. Blood pressure is reported as a value: systolic/diastolic.

A **sphygmomanometer** (blood pressure cuff) and **stethoscope** are used to measure blood pressure. In this lab, you will collect systolic and diastolic blood pressures from a partner at rest.

To begin, have your partner sit with his/her arm resting on the table. Use an alcohol swab to wipe the stethoscope earpieces and bell. Allow them to dry. Place the sphygmomanometer cuff around the upper arm and the bell of the stethoscope over the brachial artery. Insert the earpieces of the stethoscope and listen (the process of listening to sounds is called **auscultation**). Close the valve on the sphygmomanometer and apply pressure by squeezing the pump until no sounds are heard (the dial is usually between 160-200 mmHg).

Slowly release the pressure by turning the valve and listen for the first sound of blood turbulence (**Korotkoff sounds**). Record the systolic blood pressure. Continue to slowly release the pressure until you no longer hear any turbulence. At that point record the diastolic blood pressure. Release all pressure and remove the sphygmomanometer from your partner.

II. HEART SOUNDS

Heart sounds are due to blood turbulence when a valve closes. The **first sound** results from closing of AV valves during isovolumetric contraction of ventricles ("lub"). The **second sound** results from closing of semilunar valves when pressure of ventricles falls below pressure in arteries ("dub"). To locate these sounds place the stethoscope on your partner at the positions highlighted below:



III. PULSE

The **pulse** results from the expansion of the artery in response to heart contractions and therefore indicates heart rate. There are several pulse points throughout the body including the common carotid, femoral, etc. You will **palpate** the radial artery on your partner at the wrist on the side of the thumb. Count the pulse for one minute and record the data.

IV. DATA COLLECTION

Complete the data table below with the results of your blood pressure and pulse that were determined by your partner.

Pulse (bpm)	Systolic Blood Pressure (mmHg)	Diastolic Blood Pressure (mmHg)		

Identify respiratory muscles using models and pictures. Identify respiratory tissues (and associated structures) under the microscope and using pictures. Identify respiratory structures on models and pictures.

RESPIRATORY MUSCLES:

Diaphragm External intercostals Internal intercostals

RESPIRATORY HISTOLOGY:

Lung (alveoli, simple squamous epithelium) Trachea (pseudostratified columnar epithelium, cilia, goblet cells, hyaline cartilage)

RESPIRATORY ANATOMY:

Nasal cavity Superior nasal conchae Middle nasal conchae Inferior nasal conchae Nasopharynx Oropharynx Laryngopharynx Epiglottis Larynx True vocal cords False vocal cords Glottis Trachea Thyroid cartilage Cricoid cartilage Left primary bronchus **Right primary bronchus** Secondary bronchi Tertiary bronchi Superior lobe of right lung Middle lobe of right lung Inferior lobe of right lung Superior lobe of left lung Inferior lobe of left lung

RESPIRATORY SYSTEM

Complete the PhILS #39 lab for Respiration: Exercise-Induced Changes. Calculate respiratory capacities and identify capacities/volumes on a spirogram. Explain the spirometry concepts below and relate this to exercise.

RESPIRATORY VOLUMES:

Tidal volume (TV) Inspiratory reserve volume (IRV) Expiratory reserve volume (ERV) Residual volume (RV)

RESPIRATORY CAPACITIES:

Vital capacity (VC) Inspiratory capacity (IC) Functional residual capacity (FRC) Total lung capacity (TLC)

I. ALVEOLAR VENTILATION

- A. **Anatomical dead space**: volume of inspired air that doesn't reach the alveoli for gas exchange.
- B. Alveolar ventilation (the amount of fresh air that enters the alveoli/min)
 = (Tidal Volume Anatomical Dead Space) x Breathing Rate
- C. Anatomical dead space remains constant so to adjust alveolar ventilation (keep it constant) need to change TV or breathing frequency.
- D. Exercise requires the body to use more oxygen and therefore, breathing must change to respond.

II. SPIROMETRY

Spirometry allows for the measurement of various parameters including expiratory reserve volume, inspiratory reserve volume and tidal volume as seen in the figure below.



III. GOALS OF THE LAB

1. Correctly use a spirometer to measure breathing rate, expiratory reserve volume, inspiratory reserve volume, and tidal volume in a patient at rest and after exercising.

IV. DATA COLLECTION

Complete the data table below with your results.

Trial	Resting	Resting	Exercise	Exercise
	TV	Interval	TV (mL)	Interval
	(mL)	(s)		(s)
#1				
#2				
#3				
Mean				

Breaths/min at rest: Breaths/min after exercise:

IRV	IRV	τv	TV	ERV	ERV	VC	VC
(rest)	(exercise)	(rest)	(exercise)	(rest)	(exercise)	(rest)	(exercise)

V. APPLICATION QUESTIONS

- 1. Compare vital capacity at rest and after exercise:
- 2. Compare TV at rest and after exercise:

- 3. Compare breathing rate at rest and after exercise:
- 4. If the anatomical dead space doesn't change at rest compared to exercise, but TV and breathing rate change, what impact does this have on alveolar ventilation after exercise?

What advantage does the change in alveolar ventilation provide during exercise?

Complete the PhILS #34 lab for Blood: pH and Hb-Oxygen Binding.

I. HEMOGLOBIN

- A. The protein **hemoglobin** contains four heme groups (each of which can bind to oxygen) and four globin groups.
- B. Hemoglobin unloads oxygen in tissues and picks up oxygen in lungs (hemoglobin binds oxygen reversibly).
- C. The amount of oxygen bound to hemoglobin depends on the amount of oxygen available, and this can be described by the **oxygen dissociation curve**. The amount of oxygen bound to hemoglobin also depends on pH, temperature and 2,3-DPG. Oxygen levels decrease when placed under vaccuum (pressure decreases).

II. GOALS OF THE LAB

- 1. Prepare hemoglobin solutions at various pH values from sheep blood.
- 2. Use a spectrophotometer to measure the blood color of samples at various vacuum levels (oxygen pressures). The amount of light transmitted indicates the amount of bound oxygen.
- 3. Determine the effect of pH on the amount of oxgyen bound to hemoglobin.

III. DATA COLLECTION

Complete the data table below with your results and plot the data on the graph provided.

PO ₂	рН 6.8	рН 7.4	рН 8.0
160			
140			
120			
100			
80			
60			
40			
20			
0			



Graph paper image: <u>https://commons.wikimedia.org/wiki/File:Graph-paper.svg</u>

IV. APPLICATION QUESTIONS

- 1. How many oxygen molecules can one hemoglobin protein bind?
- 2. As the partial pressure of oxygen is decreased, what happens to amount of oxygen bound to hemoglobin?
- 3. When the transmittance value is high, what does this indicate about the color of the blood sample? What does this indicate about the amount of oxygen bound to hemoglobin?
- 4. Decreasing pH (making it acidic, such as in exercising muscles) moves the oxygen dissociation curve in which direction? What does this indicate about the amount of oxygen bound to hemoglobin?
- 5. What happens to temperature in exercising muscles?

Which direction does this move the oxygen dissociation curve? What does this indicate about the amount of oxygen bound to hemoglobin?

6. Increasing 2,3-DPG concentration moves the oxygen dissociation curve in which direction? What does this indicate about the amount of oxygen bound to hemoglobin?

Identify the following lymphatic pathway structures and nodes using models and pictures. Locate lymphatic organs on models and pictures and identify histology (and associated structures) under the microscope.

LYMPHATIC PATHWAYS:

Lymphatic capillary Lymphatic vessels Lymphatic trunks Jugular trunk Subclavian trunk Bronchomediastinal trunk Intestinal trunk Lumbar trunk Right lymphatic duct Cisterna chyli Thoracic duct

VEINS:

Right brachiocephalic vein Right internal jugular vein Right subclavian vein Left internal jugular vein Left subclavian vein Left brachiocephalic vein Superior vena cava

LYMPH NODES:

Cervical lymph node Inguinal lymph node Axillary lymph node Afferent lymphatic vessel Efferent lymphatic vessel Hilum Trabeculae Cortex Lymphatic nodule Germinal center Medulla Medullary cord

TONSILS:

Pharyngeal tonsil Palatine tonsils Lingual tonsils

THYMUS HISTOLOGY:

Cortex Medulla

SPLEEN HISTOLOGY:

White pulp Red pulp Capsule Identify the following digestive system structures using models and pictures. Examine small intestine histology under the microscope and identify the associated structures.

DIGE	STIVE SYSTEM:		Pancreatic duct
Oral	cavity		Hepatopancreatic ampulla
Hard	palate	Liver	
Soft p	balate		Right lobe
Vesti	bule		Left lobe
Tong	ue		Falciform ligament
Teetł	1		Round ligament
	Incisors		Hepatic artery
	Canines		Hepatic portal vein
	Premolars		Hepatic duct
	Molars		Common bile duct
Uvula	3		Hepatocyte
Saliva	ary glands		Hepatic sinusoid
	Parotid glands		Kupffer cells
	Submandibular glands		Bile canaliculi
	Sublingual glands		Central vein
Phary	/nx		Hepatic triad
Esopl	hagus	Gallbla	adder
	Superior esophageal sphincter		Cystic duct
	Inferior esophageal sphincter	Large	intestine
Stom	ach		Cecum
	Rugae		Appendix (lymphatic tissue)
	Greater curvature		Ascending colon
	Lesser curvature		Transverse colon
	Cardia		Descending colon
	Fundus		Sigmoid colon
	Body		Rectum
	Pylorus		Anal canal
	Pyloric sphincter		External anal sphincter
Small	l intestine		Internal anal sphincter
	Duodenum		Anus
	Jejunum	Smali	INTESTINE HISTOLOGY:
	lleum (differentiated from jejunum	Lumer	1
	histologically by Peyer's patches)	Mucos	sa
	Ileocecal sphincter	Submu	ucosa
Panci	reas	Muscu	ılaris
	Head, body, tail	Serosa	1

Complete the following activity to explore concepts of nutrition and metabolism.

I. INTRODUCTION

Nutrition is the study of how organisms obtain and use nutrients they need to live. A diet balanced in fruits, vegetables, protein, grains, and dairy with an appropriate variety of food and proportions is considered healthy according to the MyPlate guide. This lab will explore your individual nutritional goals by tracking food for one day.

II. LAB INSTRUCTIONS

In this lab, you will use the USDA MyPlate website to track one day of food intake. Go to the following website: <u>https://www.supertracker.usda.gov/foodtracker.aspx</u>. Use the search feature to locate foods and quantities consumed for breakfast, lunch, and dinner (see figure below).



Once you have located your food item, complete the details regarding quantity and categorize by meal (breakfast, lunch, etc.).

Search: All Foode		for				
Search: All Foods		V TOP	Type In you	r food here		Go
			Search rips			
Food Details	My Favorite	Foods List	Meals	db a sta		
Broad white			Copy Meals Cl	ear Create Co	4375 a	ate Recipe
bread, write			Total Eate	en:	13/50	alorie
Choose an amount:			Break	ast	511 0	alorie
			Granola, lowfat			428 Calor
Choose Meal Time(s): Breakfast			1 cup	- My Favorite	Remove	Fdt
Lunch				A 191010		
Dinner			Milk, fat free (skim) 1 cup			83 Calor
				👷 My Favorite	S Remove	Edt
	🕂 Add	Cancel	E Lunch		271 0	alorie
			Blackberries, raw			62 Calor
Food Info	Nutri	ient Info	1 cup	ALL Provide	0	Den
Total Calories: 6	9			Y My Pavonte	Nemove	Eat
Food Groups	Limits		Granola bar, oats,	fruit and		95 Calor
Grains 1 oz.	Added Sugars	4 Calories	1 bar (.8 oz)			
	Saturated	2 Calories		👷 My Favorite	Remove	Edit

Continue adding items until all meals for one day are accurately recorded.

III. DATA ANALYSIS

Examine your results using the graph of daily food group targets. View a summary by clicking on the "nutrient intake report."

P	hysical Activity	Target	Daily Calo	rie Limit	Daily Foo	d Group Targ	ets Mor		
locay	eek of 06/18/17 to 0	924/17 ()	Allowance	2000	Graine	Vegetables	Fruits	Dairy	Protein Food
06/21/17	AT LEAST 4	50	Falsa	4075	Target 6 oz.	21/2 cup(s)	2 cup(s)	3 cup(s)	5½ oz.
	arget AILEAST 1	ou minutes per week	Eaten	13/5	Eaten 4 oz.	1¾ cup(s)	1% cup(s)	21/2 cup(s)	3 oz.
A	ctual 0 minutes		Remaining	625	Status Under	Under	ОК	Under	Under
Food Trace isearch and add food to view ho mits. Make tracking and planni eatures. Search: All Foods Food Details My Favo	w your daily choice ng ahead simple by for rite Foods List	s stack up to your f using the Copy Me Type In your foc Search Tips Meals Copy Meak Care	ood group targets als and Create a id here	and daily Combo Go	100% - of target 75% - 50% - 25% - 0%	Refined Grains Whole Grains 65% 69% Total	9 Whole Fruit 9 92% Percentage of 1	Chees Milk & Yogut argot	Protein 51%
		Total Eaten:	137	5 Calories	Delete d Liele	Nation Intelle		DuMasi	a
You added					Related Links		teport view	Бу меа	
		Breakfast	5	11 Calories		/			
Cantaloupe, raw		Granola, lowfat 1 cup		428 Calories	Daily	Limits			
to Dinner.			My Favorite 🛛 😢 Ren	nove ZEdt	Total Calo	ries Eaten: 137	75		
See This Food Again		Mik, fat free (skim) 1 cup		83 Calories					
		· · · · · · · · · · · · · · · · · · ·	My Favorite 🛛 😧 Ren	nove ZEdt					
		Lunch	2	71 Calories					-111
		Blackberries, raw		62 Calories				10	ai Limit: 200
		1 cup	M. Franks	Pro Prod	Added 5	ugars 🔺 🛛 Sat	turated Fat	Sodiu	m
		×	my ravone 😺 Ren	iove Z cat	Eaton: 6	Eat	ten: 16a	Eaten	1551mg

IV. APPLICATION QUESTIONS

1. Summarize your personal results for food intake. Did you meet your target goals? What changes can be made to diet to improve overall health?

- 2. Although not completed in this lab, the website also provides a physical activity tracker. How does exercise impact nutrition and overall health?
- 3. The MyPlate website is just one of many resources available for tracking nutrition information. Explore other options and list two of them below. What are advantages and disadvantages of each?
- 4. In this lab, food was tracked for only one day. Is this an accurate representation of an individual's diet? How can this lab be improved?

Identify the following urinary system structures using models and pictures. Complete the urinalysis experiment and explain the concepts listed below.

URINARY SYSTEM:

Kidney

Renal capsule Renal cortex Renal sinus Renal papilla Renal pyramid Renal pelvis Major calyx Minor calyx Renal column Renal medulla Distal convoluted tubule duct

Collecting duct Ureter Urinary bladder Trigone Urethra

URINALYSIS:

Explain how color, pH, glucose, protein, and specific gravity can be used to determine diseases present based on urine samples.

Nephron

Renal corpuscle Glomerulus Afferent arteriole Efferent arteriole Glomerular capsule Renal tubule Proximal convoluted tubule Descending limb of nephon loop Ascending limb of nephron loop Locate the following endocrine glands in the body using pictures and models. Identify hormones from each. Examine histology under the microscope of glands listed below and identify the associated structures.

ANTERIOR PITUITARY:

Growth Hormone (GH) Prolactin (PRL) Thyroid-stimulating hormone (TSH) Adrenocorticotropic hormone (ACTH) Follicle-stimulating hormone (FSH) Luteinizing hormone (LH)

POSTERIOR PITUITARY:

Antidiuretic hormone (ADH) Oxytocin (OT)

THYROID:

Thyroxine (T₄) Triiodothyronine (T₃) Calcitonin

PARATHYROID: Parathyroid hormone (PTH)

ADRENAL:

Medulla Epinephrine Norepinephrine Cortex Aldosterone (outer zone) Cortisol (middle zone)

Sex hormones (inner zone)

PANCREAS: Glucagon (alpha cells) Insulin (beta cells)

Testes: Testosterone Inhibin

OVARIES:

Estrogen Progesterone Inhibin

HISTOLOGY:

Thyroid gland (follicular cell, colloid) Adrenal gland (3 zones of cortex and medulla) Pancreas (pancreatic islet) Complete the PhILS #20 lab for Endocrine Function: Insulin and Glucose Tolerance.

I. GLUCOSE

- A. **Glucose** is used to make ATP in cellular respiration. Its levels are regulated by negative feedback and are normally between 70-110 mg/dl.
- B. After eating, glucose is high and **insulin** is released from beta cells of the pancreas (Islets of Langerhans) to lower blood glucose levels. If glucose remains elevated in the blood, then water is drawn out of cells and they crenate.
- C. Insulin works to decrease blood glucose levels by increasing glucose uptake by cells through an increase of GLUT-4 transporters in the cell membrane.

II. DIABETES MELLITUS

- A. Levels of insulin are decreased or ineffective and therefore blood glucose levels are high (**hyperglycemia**).
- B. There are two types of Diabetes Mellitus:
 - 1. **Type I** 5% of the diabetic population, an autoimmune disorder that results in the destruction of beta cells, treated with insulin injections.
 - Type II 95% of the diabetic population, the body doesn't respond to insulin (insulin resistance), associated with obesity and usually develops over time. Treatment includes diet, exercise, and possibly drugs like metformin.
- C. Diabetes is often diagnosed with the **glucose tolerance test**. During this test, the patient drinks a glucose solution and blood glucose levels are measured over 2 hours. With diabetes, the blood glucose level is higher (greater than 200 mg/dl after 2 hours) and takes longer to decrease over time.

III. GOALS OF THE LAB

1. Correctly use a glucometer to measure blood glucose levels in three patients who have consumed two cans of decaffeinated soda (78 grams glucose total).

IV. DATA COLLECTION

Complete the data table below with your results and plot the data on the graph provided.

Tab	le 1: Andy	Table 2	2: Bev	Table 3: Chris		
Time	Glucose	Time	Glucose	Time	Glucose	
	concentration		concentration		concentration	



Graph paper image: https://commons.wikimedia.org/wiki/File:Graph-paper.svg

V. APPLICATION QUESTIONS

- 1. What happens to blood glucose levels immediately after consuming soda and then over time under normal circumstances?
- 2. Who had the highest blood glucose level at the beginning of the experiment?

- 3. When did Andy and Bev have the highest blood glucose levels during the study? How about Chris?
- 4. What caused blood glucose levels to drop in Andy and Bev? What is happening with Chris?
- 5. Compare the ending and starting blood glucose levels in all three patients.
- 6. Which patient has suspected diabetes?

REPRODUCTIVE SYSTEM

Identify the following male and female reproductive system structures using models and pictures.

MALE REPRODUCTION:

Testes Scrotum Epididymis Ductus deferens Seminal vesicle Ejaculatory duct Prostate gland Bulbourethral gland Urethra Penis Corpus cavernosum Corpus spongiosum Glans penis External urethral orifice

FEMALE REPRODUCTION:

Ovary Fimbriae Uterine tube Uterus Cervix Vagina Vaginal orifice Urethra External urethral orifice Clitoris Labium majus Labium minus

DISSECTIONS

Complete dissections of the **cat** identifying the structures listed below. A supplemental handout with instructions and pictures will be provided.

CARDIOVASCULAR SYSTEM:

Heart

Aortic arch Atria v. ventricles Auricles Abdominal aorta Superior and inferior vena cava

RESPIRATORY SYSTEM:

Lungs – right and left Trachea Thyroid cartilage Cricoid cartilage Epiglottis Diaphragm

DIGESTIVE SYSTEM:

Esophagus Liver Gallbladder Cystic duct Pancreas Stomach Rugae Pyloric sphincter Omentum Mesentery Small intestine Duodenum Jejunum lleum Large intestine Cecum Colon

LYMPHATIC SYSTEM: Spleen

URINARY SYSTEM:

Kidney Medulla v. cortex Renal artery and vein Ureter Urinary bladder

REPRODUCTIVE SYSTEM:

Uterine horns (female only) Ovary (female only)