

STAFF CONFERENCE

Tuesday, Oct. 16, 2018
Dina's Place, DiGiorgio Campus Center



The mission of the Staff Assembly is to provide a forum for communication that enhances the work environment and values the ideas of all staff. We are committed to representing the interests and concerns of staff to the president, administration, and other members of the university. We are dedicated to promoting staff involvement on campus and in the community; providing opportunities that enrich staff experiences; and encouraging a positive campus climate of support and respect among peers.



TODAY'S AGENDA

- **1.** CALL TO ORDER
- 2. ACKNOWLEDGE APPROVAL OF MINUTES
 - 3. LEADERSHIP Q & A SESSION
- 4. BETSEY O'BRIEN, NATIONAL ALLIANCE OF MENTAL ILLNESS
 - 5. BE AFRAID...BE VERY AFRAID...
 - 6. GIVE LOCALLY TO THE UNITED WAY
 - 7. STANDING COMMITTEE REPORTS
 - 8. STAFF AWARDS
 - 9. **New Staff Hires**
 - **10.** QUESTIONS/COMMENTS
 - **11.** ADJOURNMENT

THE NEXT STAFF CONFERENCE WILL BE TUESDAY, NOV. 20, IN DINA'S PLACE.



The Student Payroll Adjustment form (used when a student misses the deadline to enter their time online via Wingspan) requires three signatures. Level 1: supervisor; Level 2: dean/department head; and Level 3: vice president; and then the provost. Is this an effective use of time for someone at that level? Perhaps Level 2 should be chair/department head, and Level 3 dean.



It's necessary to document the errors made by either students and/or employees. The Fair Labor Standards Act requires this accurate reporting. Winthrop could be fined or penalized for the inaccurate reporting. The vice president's signature is required so they are also aware of the errors. Payroll has to make manual corrections. The provost reviews them in her role as vice president for academic affairs, not as the provost.



Why aren't work times standard for all employees? It seems like certain supervisors come in later and/or leave early and don't follow the designated work hours, while we lower-level employees can be written up or even terminated for doing the same thing.



This question was edited because it specifically mentioned a supervisor's name. This is not the place to call out other employees. People who feel they've been discriminated against or are being treated differently from other employees by their supervisor should talk to HR, specifically LeeAnn Pounds, employee relations manager.



Why is it so hard for anyone to directly answer a question asked in Staff Conference? The answers tend to be full of lip service that goes in circles, usually do not answer questions, and sound a lot like Charlie Brown's teacher. The people sitting in front of you are the nuts and bolts of the university that make it run, and the questions directly affect many of our jobs.



We are grateful to have an anonymous Q & A with leadership, especially since other outlets do not. Chair Nicole Chisari offered tips on submitting questions: be very clear with what you're asking (ask her if you need help with that); be concise – ask exactly what you want to know; think about if Staff Conference is the right outlet for your question and if you're willing to wait for an answer; some questions are so specific that if you would just reach out to her directly, she could get a better, more specific answer.



BETSEY O'BRIEN DIRECTOR OF EDUCATION PROGRAMS, S.C. CHAPTER OF THE NATIONAL **ALLIANCE OF MENTAL ILLNESS**



Mental Health: It Affects Us All

Winthrop University Staff October 16 2018

Presented by:

Betsey O'Brien

Board Chair, NAMI Piedmont Tri-County



What are mental health conditions?

- Mental health conditions <u>are</u>:
 - Medical illnesses like any other physical illness;
 - Conditions that change how a person thinks, acts or feels;
 - Common and treatable!
- Mental health conditions are not:
 - Anyone's fault or something to be ashamed of;
 - Limiting you can achieve your goals!



A list of the more common mental health conditions:

Anxiety Disorders Obsessive-Compulsive Disorder

ADD/ADHD Panic Disorder

Bipolar Disorder Post traumatic Stress Disorder (PTSD)

Borderline Personality Schizoaffective Disorder

Major Depression Schizophrenia

Dual Diagnosis: SA&MI Seasonal Affective Disorder

Eating Disorders Tourette's Syndrome



Mental Health Facts

Mental Health Facts

Fact: 43.8 million adults experience mental illness in a given year.



Figure 1. NAMI Infographics & Fact Sheets (2017)

WHAT ARE THE SYMPTOMS?

- Feeling sad or withdrawn
- Severe out of control, risktaking behavior
- Sudden overwhelming fear for no reason
- Severe mood swings that cause problems in relationships
- Drastic changes in behavior, personality or sleep habits

- Extreme difficulty concentrating/staying still
- Intense worries or fears
- Not eating, throwing up or using laxatives to lose weight
- Repeated use of drugs or alcohol
- Trying to harm or kill oneself or making plans to do so



What Can NAMI Piedmont Tri-County Do to Help?



NAMI PTC provides:

- Educational Programs
- Training
- Support Groups
- Advocacy for Mental Health Issues

to the York, Lancaster, and Chester County communities.

NAMI Connection

NAMI Connection is a weekly or monthly support group for people living with a mental health condition.







Over 300 Individuals living with mental health conditions have attended a Connection Support Group Meeting through NAMI PTC in 2017.

NAMI Family Support Group

NAMI Family Support Group is

a weekly or monthly support group for family members, partners and friends of individuals living with a mental illness







Over 400 Family members and friends have attended a Family Support Group Meeting from NAMI PTC in 2017.



What to do and where to go for help:

CRISIS: BEING IN IMMEDIATE DANGER TO YOURSELF OR OTHERS

If you are in crisis situation yourself or are afraid for a family member or friend:

- Ask the question: "Are you thinking of hurting yourself or ending your life by suicide?"
- Go to the emergency room or call 911
 - Don't leave the person alone
 - Call the Suicide Prevention Lifeline 800-273-TALK (8255)
 - Text NAMI to 741741 to be connected to a 24/7 Crisis Line

If you, a family member or friend are experiencing symptoms of a mental health condition but are not in crisis or having an emergency:

- Contact your primary care physician and explain what your symptoms are
- Give as many examples as you can
- The doctor may refer you to a psychiatrist for more specialized care.

Join us on Saturday to raise awareness and reduce the stigma!



Walk for 1 in 4

(One in four adults has a diagnosable mental health condition.)

October 20th, 2018



Thank you for your interest and attention today!

FOR MORE INFORMATION CONTACT: NAMI PIEDMONT TRI-COUNTY (803) 610-8174

WWW.NAMIPIEDMONT.ORG









JOANNA HARRIS UNITED WAY PARTNERSHIP WITH WINTHROP -GIVE LOCALLY!



STAFF COMMITTEE REPORTS





STAFF COMMITTEE ON CAMPUS & COMMUNITY INVOLVEMENT

- Pink Out Day is today!
- The next Food Truck Friday is Oct. 19 at 5 p.m.
- The food drive begins on Oct. 22.
- Door-decorating contest set for Oct. 31. Prize = chocolate! Also dress up for the costume contest. Prize = bragging rights.

Contact: Pam Varraso, <u>varrasop@winthrop.edu</u>, for a roaring good time!



STAFF COMMITTEE ON ELECTIONS & NOMINATIONS

Nothing – yes!

Contact: Becky Best, bestr@winthrop.edu.



STAFF COMMITTEE ON MEDIA & COMMUNICATIONS

- Send in those Halloween costume photos! The next Staff Stuff will hit inboxes in early November.
- Have you joined the Facebook group?
- Continue sending your milestones, news, etc., to cauthenk@winthrop.edu. You can also ask her for subscription instructions.



STAFF COMMITTEE ON PROFESSIONAL DEVELOPMENT

- "The Ins and Outs of Marketplace" Oct. 29 at 3 p.m. and Oct. 30 at 11 a.m. in Dinkins Auditorium. See TLC calendar. Identical sessions.
- Banner 9 extra training for purchase requisitions– Nov. 7 at 11 a.m. in Tillman lab. TLC link coming soon.



STAFF COMMITTEE ON STAFF FEEDBACK

Margaret Nance signs:

https://www.winthrop.edu/staff/default.aspx?id=52998

What about wages and raises?

https://www.winthrop.edu/staff/default.aspx?id=52998

Contact: Rachel Glover, gloverr@winthrop.edu



STAFF COMMITTEE ON RECOGNITION

Contact: Miranda Knight, knightm@winthrop.edu

Staff Member of the Month September 2018 **Recognition Committee** Staff Assembly



Reserved Parking Spot
On Campus

1 Month Free at the West Center

1 Free Meal at Thomson Café

Spotlight in Staff Stuff Newsletter





York Electricity Co-Op Comporium Development Office Alumni Association WU Athletics Morton & Getty's Department of English
Winthrop Foundation
Arrowpoint
Small Business Development Center
Office of Admissions
Office of the President
Founders
State Farm

Residence Life
Department of Design
Winthrop Bookstore
Department of Music
College of Business
Publix

Center for Educator Recruitment, Retention, and Advancement
Office of New Student & Family Programs

Nominees | September 2018



Brittany Cromedy



Julia Hinton



Miranda Knight



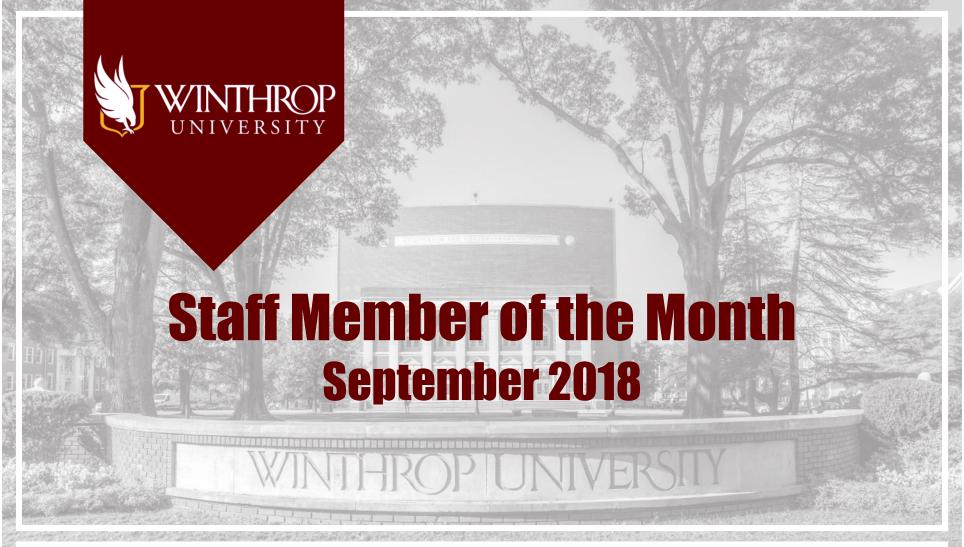
Jamie Ray



Craig Sauvigne



Tiffany Cowden



Craig Sauvigne

Computing & Information Technology

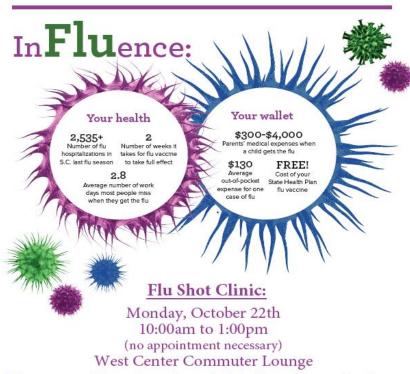




New Staff Hires

Introductions by Brittany Neely

Upcoming Wellness Events



Bring your prescription card so vaccine can be filed with your insurance. Event is open to all Faculty/Staff/Students, Spouses and Children-even if the State Health Plan is not your primary insurance carrier! If your insurance doesn't cover a free flu shot or you do not have your card, the vaccine will cost \$42.







Sources: S.C. Department of Health and Environmental Control, Centers for Disease Control and Prevention



EVENT DETAILS

Date:

Tuesday, November 13, 2018

Location:

Margaret Nance Parking Lot

SCHEDULING

You may call our mobile breast center appointment line at 704.831.4242.

- You may fill out the attached document in full and fax/e-mail as indicated on the form.
- If you are age 35-39, one baseline will be covered under Winthrop's BCBSSC

appointment before the mobile visit.

A minimum number must be booked for the event to take place.



ELIGIBILITY

- Women 40 and older may self-refer, meaning no referral required. Please check with insurance if you're between the ages of 35-39.
- Must be at least one year since last mammogram.
- Must not be pregnant or breastfeeding.
- No new breast lumps/concerns. Patients should promptly contact their physician if experience breast problems.

Charlotte Radiology provides confidential results to all patients and their primary

CALL TO SCHEDULE 704.831.4242

Charlotte Radiology recommends annual mammography for women ages 40 and older.

Take a closer look at MobileBreastCenter.com.



Questions? Comments? Announcements?



Next Staff Conference

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