

STAFF stuff

Volume 7 Issue 4
November 2020

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Holiday Recipe Exchange!

The holiday season is upon us! To get ready, we're collecting staff members' favorite festive recipes for our first ever Holiday Recipe Exchange! To participate, send your favorite recipe to cauthenk@winthrop.edu, or post to the [Staff Conference Facebook Page](#) by November 30!

SPOTLIGHT

on
Staff Assembly

Holly Cook

designer, University Communications & Marketing



I've been at Winthrop since September 2017, so a little more than three years. In my role, I design flyers, brochures, web graphics, and social media graphics for the university.

I have an associate's degree in commercial graphics from Trident Technical College and a bachelor's degree in computer science from Columbia College. I'm working on my MBA with a concentration in marketing online at Winthrop, and I will finish in August 2021. I have previously worked as a web and publications designer at Columbia College, art/web director at PSiSC, creative art director for *South Carolina Homes & Gardens*, and graphic designer for *The State* newspaper.

Outside of work, I have volunteered at Elevation Church in Ballantyne for more than eight months on the greater team. I have also volunteered for Operation Christmas Child, and for special events the church has had, like a Halloween bash for special needs adults. My hobbies are kayaking, hiking, and crafts. I just moved to Rock Hill last year, so I am new to the area! I have two children. My beautiful daughter is 24, and my handsome son is 18. We have four dogs: two big dogs — Molly and Bubbles — and two little dogs — Kobe and Mia.

Finding Big Stuff



Can you find Big Stuff? Each issue of Staff Stuff has the illustration to the left of our beloved mascot, Big Stuff, hidden somewhere throughout the pages. If you find Big Stuff, send an e-mail to staffstuff@winthrop.edu and tell us where he is. Those who find Big Stuff will be entered into a drawing to win a prize. Congratulations to last month's winner:

Claudia McCullough, *benefits administrator, Human Resources.*

Let Printing Services Be Your Personal Holiday Elves



If you've been ready for some holiday cheer since September – or even if you prefer to kick off the holidays after Thanksgiving – consider the Printing Services staff to be your personal holiday elves. Not only would we love to help you print your family holiday cards or newsy holiday letters at great rates, we're welcoming you to a Winter Wonderland Workshop!

Save the date for November 30 from 2 - 4 p.m. or December 1 from 10 a.m. - Noon. We'll open our doors to talk shop about holiday cards, gifts and

other tasks Printing Services can take off your to-do list. As our gift to you, you can spend a few minutes painting a wooden Winthrop desk sign while you're here! You can make it the first gift you knock off your shopping list or you can keep it all for yourself, and it's free! Pre-registration for the Winter Wonderland Workshop is required. Space is limited and masks are required to keep us COVID-19 safe. Please e-mail printingservices@winthrop.edu to reserve your preferred time slot.

During the Printing Services Winter Wonderland, we'd be happy to provide personalized quotes for your holiday printing needs or talk through your ideas with you. To get an idea of pricing, if you need 50 copies of a personalized, 5x7, flat holiday card, the cost is just \$16.57 if you provide the artwork. Add 50 blank envelopes for just \$4.08. If you want Printing Services to save you a ton of time and address those envelopes for you, the cost for the printed and addressed envelopes is just \$24.94. Prices do not include sales tax.

But maybe you want a folded card or a newsletter instead? Or photos of the grandkids enlarged for Grandma? Or you have family recipes, and you'd like to make a cookbook to share with your kids? Printing Services can help with all of that. And bonus, Printing Services is open through December 23 to help with any last minute holiday needs that arise! E-mail printingservices@winthrop.edu with any questions or call us at 803/323-2221.

Committee Corner

Each month, we'll be highlighting a different staff committee to show the ways that staff can get involved. This month's focus is on **Recognition**.

The Recognition Committee was established in 2014 to help staff members feel appreciated and to help them know their work does not go unnoticed. They work to create a positive, supporting campus climate. The committee meets monthly to vote on Staff Member of the Month based on the nominations they have received. At the end of the year, they also choose the Staff Member of the Year from the pool of that year's winners.

Staff members are always encouraged to nominate colleagues who go above and beyond in displaying Winthrop's values or who deserve recognition for accomplishing a major goal. To nominate someone for Staff Member of the Month, use the [nomination form](#) on the Staff Conference website.

For more information or to get involved in the committee yourself, contact Miranda Knight!

Mental Health Tips

Between the pandemic, politics, and protests for racial equality, it is easy to feel overwhelmed and burned out this year. Here are a few tips from the National Institute of Mental Health for maintaining mental health this month:

1. Take breaks from the news.
2. Make time to unwind.
3. Set goals and priorities .
4. Take care of your body.
5. Connect with others.

Don't forget about the free resources available to staff through the [Employee Assistance Program](#), including counseling and training on topics like stress management, work-life balance, and more.

Have you found a resource that has really helped you cope with 2020? Send an email to cauthenk@winthrop.edu, or share it on the [Staff Conference Facebook Page!](#)

A Look Back

On October 7, John Timmons, *assistant director, Residence Life*, participated in a live internet radio and podcast discussing the first music album he purchased and how it influenced his interest in rock 'n' roll. Listeners could call in to reflect on the albums that impacted their lives as well. The podcast is available to listen to on the homepage of www.timmonsrock.com.

Staff Conference Highlights

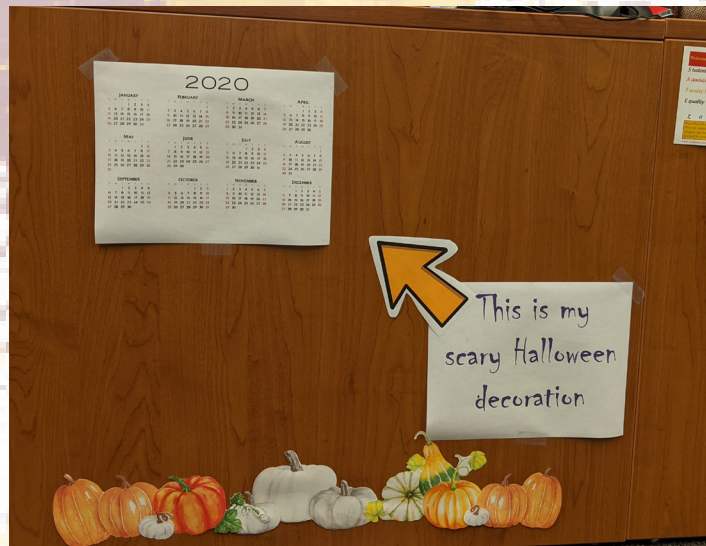
- Staff submitted questions regarding the university's furlough plan, the annual wellness screenings, the \$2 fee for having parking passes mailed, how academic programs are being evaluated, other options that were considered before deciding on furloughs, whether Board of Trustees meetings could be available to view virtually, and whether staff can have a representative to the Board the way faculty do.
- Information was shared on Virtual Homecoming Week taking place November 9-14. Reunion classes and Alumni Awards have been rescheduled to spring, but the Alumni Association is still hosting a variety of virtual events this fall. Event information can be found at www.winthrop.edu/homecoming.
- The Faculty/Staff Alumni Drop-In will be Tuesday, November 10 from 11 a.m. - 1 p.m. in the Little Chapel.

To view the complete PowerPoint or review the minutes, visit the [Staff Conference SharePoint Site!](#)

Story or content ideas? Contact a member of the Media & Communications Committee:

Kara Cauthen, Jayme Charles, Maria D'Agostino, Kaye Hayes, Shea Maple, Kat Wilson.

HALLOWEEN FUN



Jayne Charles, *administrative coordinator, Computing & Information Technology*, had some of the spookiest office decorations.



The Cashiers Office went all out on their decorations!



Jessica Martin, *residential learning coordinator, Residence Life*, as a voodoo doll with a student.



The award for best group costume goes to the Cashiers Office and Student Financial Services!



Miranda Knight, *assistant dean of students, Student Life*; and Amy Sharpe, *executive assistant, Student Affairs*.



President and Mrs. Hynd checking out the pumpkins to select the winners of the pumpkin carving contest.



Katie Fowler, *PRN registered nurse, Health Services*, carved the winning pumpkin at the Faculty/Staff pumpkin carving contest!



Jessica Martin, *residential learning coordinator, Residence Life*, took second place!



The third place winner was carved by faculty member Dustin Hoffman, *associate professor, Department of English*.



It's hard to tell the staff apart from the mannequins at the Campus Bookstore!



Staff from University Communications & Marketing!