March 2023

Staff Stuff

A Staff Conference Publication | Volume 9, Issue 7

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The next Staff Conference meeting will be at 2 p.m. in Owens G02 on Apr. 14. All staff are encouraged to attend!



Missed the last meeting? View the presentation on the Staff Conference webpage.

Volunteer at the **Community Garden**

The Rock Hill Educational Community Garden is a place for community members to garden together. Winthrop University, City of Rock Hill, and Clemson Master Gardeners work together to sustain an Organic Educational Community Garden. We believe healthy eating and active living are essential to the everyday culture where we live, work, learn, pray and play.

The community garden is open every Saturday for plot owners and volunteers to meet one another and tend to the beds together. Volunteers are welcome to come out and help with whatever is needed.

The entrance to the garden is between the traffic circle and Cherry Road, across the street from the RH District 3 Football stadium on Constitution Blvd. Parking is limited in the garden, but you are welcome to park across the street or in the parking lot at Winthrop Facilities Management on Columbia Ave. The address is 954 Constitution Blvd.



Mark Your Calendars

Offices Closed for Spring Break

March 17

Hope everyone gets to spend a little time relaxing and recharging on March 17th. It's great to have a day off during Spring Break this year.

Hope Walks Here: #stopsuicide

March 24

Out of the Darkness Campus Walk for suicide prevention and raiseing funds for AFSP will start at the Amphitheater at 3:00pm.

ESports: **Rock the Winds**

March 25-26

Two day Smash/Rivals event hosted by Winthrop Esports at Carowinds. \$10,000 pot bonus! More Information



Nominees

for Staff Member of the Month

Kinyata Adams Brown – Associate Dean for Engagement,
Diversity, and Inclusive Excellence, Dean of Students
Shelly Brodict – Registered Nurse, Health Services
Chris Childers – Postal Specialist, Winthrop Post Office
Jane Eckert – LMS Admin/Programmer Analyst, Online Learning
Kenny Gallagher – Structural Supervisor, Operations Center
Craig Gero – Admissions Recruiter, Admissions
Monica Mitrovich – Program Assistant, TRiO

Kathie Park

budget analyst & facilities manager COE Dean's Office

How many years have you been at Winthrop?

I have been working at Winthrop since September 2017.

What makes Winthrop special to you?

Winthrop holds a special place in my heart. I grew up in Rock Hill. As a kid, I stood on the streets of Oakland watching the Christmas parade and tree lighting ceremony and attended plays in Johnson Hall as a high school student. Attending the Nutcracker Ballet in Johnson is a family tradition every year. I fell in love with the campus and the smaller collegiate atmosphere.

What drives you to make such a difference?

Working with people who are dedicated to making a difference drives me. Campus wide I have encountered faculty and staff who want to make a positive impact on our students. I see the commitment to excellence in our people, from our custodians who take pride in clean buildings for our students to our faculty who reach out to students in need.

What is your favorite part of Winthrop?

Besides the great group of people I work with, my favorite part of Winthrop is the campus. From our beautiful, historic buildings to the dedicated green spaces such as the Farm, Hardin Gardens and the Campus Green.

What do you do in your spare time? Hobbies?

I am also an undergraduate student in the Bachelor of Professional Studies program. I hope to get my Bachelor's Degree this year. I love animals (anything with fur!), traveling, reading, and spending time with my two daughters and two granddaughters.

If you had to tell an incoming student one thing about Winthrop, what would it be?

The relationships you will build and nurture in your time at Winthrop are invaluable. The Faculty and Staff are here to help you grow as a person. If you are struggling, there are many resources here to help. Do not be afraid to ask! Have an awesome coworker? Use the nomination form to submit their name for Staff Member of the Month.

Staff Member of the Month.

Finding

Big Stuff

Can you find Big Stuff? Each issue of Staff Stuff has the illustration above of our beloved mascot, Big Stuff, hidden somewhere throughout the pages.

If you find him, send an e-mail to <u>staffstuff@winthrop.edu</u> and tell us where he is. Those who find Big Stuff will be entered into a drawing to win a prize.

Congratulations to last month's winner: **Hunter Huggins**, recruiter and communications coordinator, Graduate School.



WUCycle Returns!

On April 21, WUCycle returns to the Student Activity Center on Eden Terrace. What is it? Similar to a yard sale, but all items are free. People donate unwanted items and maybe even pick up something useful, without spending money. There is no obligation to bring something in order to take something.

This event is open to all. Please share with community members, including employees who do not have regular access to e-mail.

Find us on Facebook (WUCycle! 2023) for a full list of prohibited items, schedule details, or if you have questions. You can also e-mail Julie Schrader (schraderj@winthrop.edu).

See you on April 21, 2023 at the Student Activity Center on Eden Terrace



Staff Conference Highlights

Staff Conference met on February 10, 2023.

- Debbie once again brought the snack wagon for staff members to grab an afternoon pick-me-up!
- Dr. Gretchen Baldwin spoke about the "Hope Walks Here" #stopsuicide walk that will be occurring on campus on March 24th.
- Dr. Amber Slack presented an overview of the services provided by the Dean of Students office and ways that staff can aid in the overall wellness of our students.
- Patrice, taking a page from James Grigg, presented the many "opportunities" that IT is facing. Like most departments on campus, they are experiencing staff shortages, along with delays in shipping and manufacturing of parts, but strive to continue to provide the customer service and technology the campus needs.

- The campus community received their second bench from the "Bags to Bench" campaign!
- CCIC has many opportunities for volunteering including a chili cook-off to support Bethel Men's Shelter, the Rock Hill Educational Community Garden, and the 2023 WUCycle.

Spring Semester Staff Conference Meetings:

April 14 May 19



Missed the last meeting? View the presentation on the <u>Staff Conference</u> webpage.

Spotlight on Staff Assembly



Michael is a proud two time graduate of Winthrop (go Eagles!) and currently serves as associate director for the Center for Career Development and Internships, where he works to facilitate meaningful connections between students and employers and assist students in their career development. He's excited to serve on Staff Assembly!

Michael Szeman
Associate Director
Center for Career Development and Internships

2023 Big South Conference Basketball Tournament



The Big South Basketball Tournament was hosted at Charlotte's Bojangles Coliseum on March 1-5. Winthrop's men's and women's basketball teams competed.

Women's Basketball

The ninth-seeded women's team fell to UNC Asheville by a final score of 59-58 in the first round of the Big South Tournament. Winthrop outshot UNCA both from the field and from deep and four Eagles scored in double-figures

Men's Basketball

The sixth-seeded men's team fell 78-69 to third-seeded Radford in the quarterfinals, but Kason Harrison scored a career-high of 26 points, which ties for the sixth most points scored in a Big South Tournament game by an Eagle. This was the 144th game played by Cory Hightower as he finishes his career with 1,753 points.

Go Eagles!

A Winthrop Welcome

to our newest hires!

Audrey Allan, netSERVE project director, Institute for Education Renewal Partnership

Charles Archuleta, ticket and event ops manager, athletics
Anthony Dorman, financial analyst, A&S deans office
Samuel Greenslade, asst volleyball coach, athletics
Christopher Hagins, general counsel, internal audit and
compliance

Sloan Lincks, netSERVE Mentoring and Induction Spec,
Institute for Education Renewal Partnership
Sophia Rahim, athletic trainer, athletics
Morgan Turner, administrative specialist, facilities
management

Chili Cook-Off



From the Campus and Community Involvement Committee: A Winthrop Service Project

Do you have a great Chili recipe? We'd love for you to enter it in our contest at Bethel Men's Shelter on March 26th. We will have a fun-spirited competition of chili for the men to eat that evening and "vote" on the best one. We are also looking for extras like grated cheese, sour cream, rolls, tea etc.

SIGN UP HERE today!

National Wear Red Day

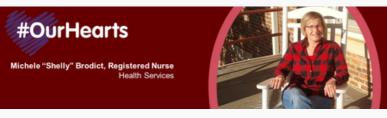


#OurHearts

Jacqueline Anthony, Administrative Specialist
Center for Student Wellness









On February 3, 2023, Winthrop staff celebrated National Wear Red Day with the American Heart Association to raise awareness about cardiovascular disease and help save lives.

Know your numbers. Consult with your physician to check your weight, blood pressure, cholesterol, and blood sugar.

Save a life. Contact the American Red Cross or the American Heart Association to learn about hands-only CPR.

Heart disease is the leading cause of death in the US. Know your risk and protect your heart.

Hello Heart

Hello Heart is a new program to help employees track, understand and manage their heart health. Beginning February 1, 2023, Hello Heart will be offered at no cost to eligible State Health



Plan primary members ages 18 and older. Eligible members include those who have blood pressure readings of 130/80 mmHg or above or who have a diagnosis of hypertension and/or are taking blood pressure medication. Participants will receive a free blood pressure monitor that connects to an app on their smartphone.

To learn about Hello Heart and download ready-toshare resources, visit the <u>Hello Heart folder on the</u> Health Hub.

For next month...

What amazing gems have you found at WU Cycle in past years? Send your submissions to staffstuff@winthrop.edu to be included in the next issue.